SPI Approved Consultants

**Lori Hickman, LPC** I am from Anchorage, Alaska and am a Licensed Professional Counselor. I am also a State of Alaska LPC board approved supervisor. I graduated with a Bachelor's Degree in Criminology at the University of Minnesota-Duluth in 1998 and with my Master's of Science in Counseling Psychology in 2003. I am a trained EMDR therapist. I started my journey with Sensorimotor Psychotherapy in November 2013. I completed my Certification level on March 2018 in Los Angeles, CA. I work primarily in my practice with adolescents and adults. I provide individual, family, and couples therapy. I have co-facilitated a Sensorimotor and Yoga group as well. Much of my practice is working with individuals who have experienced trauma and/or attachment trauma and suffer from depression and anxiety. I find that I often turn to Sensorimotor Psychotherapy and EMDR therapy in my practice and have found that these modalities to be very effective in helping individuals with their healing. In my free time, I enjoy spending time doing a lot of activities with my family, including racquetball, handball, soccer, baseball, and snowboarding. I also enjoy my time with my dog Mabel. I love being outdoors, traveling, reading, and playing games with friends. Available to do consultation through Zoom Sessions.

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**Linda von Richter, MEd, RP, SP** had a first career teaching business and English in secondary schools, vocational institutes and colleges in Canada: in three provinces and the Yukon Territory. Following a calling, she enrolled in an energy therapist training, and upon graduation, began a private practice as an energy therapist.Linda took a week-long Hakomi workshop with Ron Kurtz and then enrolled in Sensorimotor Trauma training with Pat Ogden. This training engendered a love for Sensorimotor Psychotherapy and was followed by taking Levels 2 and 3. She has assisted in a number of Level 1 and 2 trainings in Canada and the U.S. She also assisted in two Level 3 trainings, one in Canada and one in Boston. Training to become a consultant in SP was a natural next step. She is enjoying helping therapists work with their clients to use SP in their sessions with confidence.

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Jayne Dean, LMFT, LADC, RPT-S, brings 30 years of psychotherapy experience working with adults, couples, children and families and maintains a practice in Hartford, CT. Jayne is a clinical supervisor, teacher/guide/mentor and life-long student. Jayne completed her SP Consultation training in September 2018, after being certified in Sensorimotor Psychotherapy in 2016. She values embodied, playful learning and is committed to integrating body-based modalities into psychotherapy and clinical supervision. She offers in-person and web-based individual and small group consultation. Over the years, Jayne has refined her approach to healing and transformation through movement, dance, yoga and somatic psychotherapy. In addition to her clinical practice, Jayne is Kripalu Yoga Teacher (RYT-200), information on Jayne visit: westhartfordcounselingcenter.com

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Barbara Phillips, PhD, LICSW is a psychotherapist, consultant, and advocate for the integration of body, emotion, and the mind. A Certified Sensorimotor Psychotherapist (2008); SPI- approved Consultant; and L-3 Certification Coach (NYC, Boston, Kansas City, UK to date), Barbara is also the Boston Organizer/SPI trainings liaison whose outreach includes a yearly SPI informational presence at Bessel van der Kolk’s International Psychological Trauma Conference and presentations on the following topics: A Sensorimotor Psychotherapy Approach to the Treatment of Trauma: Embodying the Foundational Principles (Harvard Divinity School); Three Storytellers in Search of a Author (Harvard Grand Rounds); An Insider/Outsider Account of Reaching Out to Shame; Deconstructing Shame: A Multi-Perspective Approach (NASW Biennial Symposia), and Sensorimotor Psychotherapy: A Body/Mind Talk Therapy for the Treatment of Trauma (Guest speaker: BC Colloquium Series; Cambridge Hospital). Dr. Phillips has also taught Adult Psychological Trauma (Boston College SSW Gradate Program) and served as Dissertation Chair (Psy.D. Program, JFK University College of Graduate and Professional Studies). Barbara is a past president of NESTTD and Board member for 10 years. She has a private practice in Arlington, MA. where she also consults to individuals and groups on the use of somatic interventions in trauma treatment.

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Lenora M. Wing Lun, PhD/MPsych(Clin), MCogSc, MBA, MAPS, FCCLP, holds a PhD titled “How do therapy, Sensorimotor Psychotherapy, using Teasdale and Barnard’s (1993) Interacting Cognitive Subsystems (ICS) Framework”. She is a clinical psychologist and supervisor in private practice. She is a Board-Approved Supervisor (AHPRA/Psychology Board of Australia). Her specialty areas are: Trauma, depression, anxiety, developmental–attachment, unresolved problems of family upbringing. She pursues her interest in the body-mind connection with ongoing training in Continuum. For more information about Dr. Wing Lun, see www.lenorawinglun.com

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Jan Ohm RP, CSP. I came to body-oriented work through my love of movement. I am a 30 yr. practitioner and teacher of Tai Chi Chuan, martial arts and mindful movement. Sensorimotor Psychotherapy offered me a way to bring together the lived experience of the body with my psychodynamic underpinning. In private practice since 1993, my journey with SP began in 2005 and I was so enthusiastic about the method, I became a training liaison for Toronto, Canada, where we now have a thriving SP community. I am currently the owner and Clinical Director of WellSpace Trauma Therapy Clinic in Toronto. We offer Sensorimotor Psychotherapy, Neurofeedback, Neurostimulation and Sensorimotor-based Group Therapy for survivors of Trauma, Developmental Trauma and Dissociative Disorders. I maintain a thriving clinical practice, teach, supervise and continue to study as a Neurotherapist. I am thrilled to be recognized as a Sensorimotor Consultant and look forward to supporting other SP practitioners on their journey!

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Nancy Christie, RP, Certified Advanced Practitioner Sensorimotor Psychotherapy. I have been a psychotherapist in private practice for over thirty years. I have a special interest in trauma, parenting, adolescents, prenatal/postpartum psychology and somatic psychotherapy. I run experiential psycho-educational groups as support to those in therapy. My background in dance therapy, movement education, child and youth work, and childbirth education has informed my work as a psychotherapist. Experience as a mother and grandmother, including grandchildren with autism, has taught me humility and a sense of humour. I continue to learn and to dance in my mature years.

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Janice Meilach, MEd, RP, CSP is a Registered Psychotherapist who has been practising for 30 years in Toronto, Canada. She is a trauma and attachment specialist who became a Certified Advanced Practitioner in Sensorimotor Psychotherapy in 2011. She successfully completed the Sensorimotor Psychotherapy Institute Approved Consultant Program in 2018. Janice originally trained as an occupational therapist in 1984 and worked in hospitals in both inpatient and outpatient psychiatry before obtaining a Masters degree in Adult Education at the University of Toronto in 1992. Janice attended a one-day workshop with Pat Ogden in Toronto in 2003 and knew that this holistic body-centred approach to resolving trauma held in the body offered the transformation and potential for healing that she had been looking for. Janice has a thriving private practice where she provides individual therapy and consultation to therapists. She also teaches and has taught counselling, psychotherapy and group work both at the community college and university level, supervised psychotherapy students and therapists, and assisted in all three levels of the sensorimotor training programs.
Janice is well-versed in the social determinants of health and provides consultation to groups in community-based health agencies and family health teams. She is also a certified Vanda Scaravelli-inspired trained yoga teacher (RYT-750) who specializes in yoga for trauma and regularly teaches at a downtown yoga studio. Outside of work Janice enjoys gatherings with friends and family, plays saxophone in a jazz band, meditates, practices yoga, swims and cycles. She is excited about guiding and collaborating with SP therapists as they continue to develop their competency and knowledge. Janice offers in-person and web-based individual and small group SP consultation.

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